

### Ballroom Dancing

No experience required. Have fun and be able to participate at your next social function. Anyone can learn the Fox-Trot, Waltz, Swing, Cha-Cha, Polka and Jitterbug steps in this fun and relaxed course. Class is limited to 20 couples. You must pre-register with a partner. **NOTE: men wear dress shoes and women wear high heel dress shoes.**

CRN 3138 SPIN M7070

Date: Tuesdays, October 6, 2009 - November 10, 2009

Time: 7:00 p.m. - 8:00 p.m.

Fee: \$ 60.00 per person

Instructor: Al Boudreau

### Intermediate Ballroom Dancing

Continue to learn and have fun dancing to new combinations of the swing, cha cha, waltz, and foxtrot. In addition learn the polka, rumba, tango, jitterbug, and the hustle. Beginner ballroom dancing is needed to take this class. Class limited to 20 couples. You must pre-register with a partner. **NOTE: men must wear dress shoes and women wear a high heel dress shoe.**

CRN 3388 SPIN M7118

Date: Tuesdays, November 17, 2009 - December 22, 2009

Time: 7:00 p.m. - 8:00 p.m.

Fee: \$60 per person

Instructor: Al Boudreau



### Hip Hop Line Dance for Beginners

If you've ever wanted to learn how to line dance, now you can. In this basic class, you will be able to feel confident, while joining in on the fun of a line dance. It is a terrific workout and is filled with high energy and fun for all.

All students 18 years old and over are welcome to attend. In this class we will be instructing you how to perform the latest line dances such as the Cha-Cha slide, the cupid shuffle, and a favorite the electric slide. By performing the steps for you, next as a group, will then allow you to show what you have learned while following the instructor. We will show the basic steps of the electric slide which have evolved into a number of popular line dances and once you learn one it's pretty easy to learn more.

CRN: 3404 SPIN M7148

Dates: Tuesdays, September 15, 2009 - October 6, 2009

Time: 6:00 pm-7:00 pm

Fees: \$60.00

Instructor: Iris Keller

