

Dog Obedience Classes

You and your best friend are invited to join us for six weeks of fun filled learning. Both of you will graduate with a bond for a lifetime.

Puppy Kindergarten

This class is designed for owners of new puppies from the age of 10 weeks to 5 months. This six week session focuses on socialization, including play with the other puppies, interaction with humans; handling and grooming. Puppies learn skills such as Sit, Down, Recall, Walk on lead, Stay, and Give. Information will be provided on issues such as house training, inappropriate mouthing and biting and more. We will be using Positive reinforcement methodology only, which is both a healthy and efficient means of training. The goal is to establish a bond with your new puppy that will last a lifetime. **Please bring a 6 ft leash and your dogs favorite treats. All participants must show a current dog license or rabies vaccination certificate from a Veterinarian. Class size limited to 10 students.**

CRN: 1489 SPIN M7155

Date: Mondays, February 8- March 15, 2010

Time: 6:30 pm - 7:30 pm

Fee: \$115.00

Instructor: Susan Mack

About the Instructor: Susan is a certified dog Obedience Trainer/Instructor graduate of Penn Foster. She is a lifelong dog owner, Volunteer-Socialization Program at the Connecticut Humane Society. She also has experience as a One on one trainer - client relations, Dog Walker.

Basic Dog Obedience

This class is for dog owners who wish to focus on developing basic manners, instilling obedience, and correcting common behavioral problems. The goal is to establish a better, balanced, well rounded relationship between you and your dog. This will be done by using positive reinforcement methodology, which is both a healthy and efficient means of training. Upon completion of this program a certificate of basic obedience training will be issued. **Please bring a 6 ft leash and your dogs favorite treats. All participants must show a current dog license or rabies vaccination certificate from a Veterinarian. Class size limited to 10 students.**

Session 1:

CRN: 1486 SPIN M7151

Date: Tuesdays, February 9-March 16, 2010

Time: 6:30 pm - 7:30 pm

Fee: \$115.00

Instructor: Susan Mack

Session 2:

CRN: 1487 SPIN M7151

Date: Tuesdays, March 30-May 4, 2010

Time: 6:30 pm - 7:30 pm

Fee: \$115.00

Instructor: Susan Mack

About the Instructor: Susan is a certified dog Obedience Trainer/Instructor graduate of Penn Foster. She is a lifelong dog owner, Volunteer-Socialization Program at the Connecticut Humane Society. She also has experience as a One on one trainer - client relations, Dog Walker.



Basic Obedience #2 Advanced

This class is designed for dog owners who have successfully completed a Basic Obedience class level one and who wish to further not only their dog's education and skill level but their own. The goal is to establish a very close and trusting relationship between dog and handler. This will be done by using positive reinforcement techniques only. Upon completion of this class students will receive a certificate of Advanced Obedience Training. **Please bring a Six ft. leash, Longline, Dogs favorite treats (extra special like, hotdogs, chicken pieces, cheese, etc.) Training collar and water bowl. Class size limited to 10 students. All participants must show a current dog license or rabies vaccination certificate from a Veterinarian.**

CRN: 1488 SPIN M7153

Date: Mondays, March 29-May 3, 2010

Time: 6:30 pm - 7:30 pm

Fee: \$115.00

Instructor: Susan Mack

About the Instructor: Susan is a certified dog Obedience Trainer/Instructor graduate of Penn Foster. She is a lifelong dog owner, Volunteer-Socialization Program at the Connecticut Humane Society. She also has experience as a One on one trainer - client relations, Dog Walker.

Hip Hop Line Dance for Beginners

If you've ever wanted to learn how to line dance, now you can. In this basic class, you will be able to feel confident, while joining in on the fun of a line dance. It is a terrific workout and is filled with high energy and fun for all. In this class we will be instructing you on how to perform the latest line dances such as the Cha-Cha slide, the cupid shuffle, and a favorite the electric slide. The steps will be performed for you, next as a group, and finally while following the instructor. We will show the basic steps of the electric slide which have evolved into a number of popular line dances and once you learn one it's pretty easy to learn more. *All students 18 years old and over are welcome to attend.*

CRN: 1482 SPIN M7148

Dates: Tuesdays, February 23, 2010 - March 16, 2010

Time: 6:00 pm-7:00 pm

Fees: \$ 50.00

Instructor: Iris Keller

Hip Hop Line Dance II - Advanced

If you enjoyed the workout from hip hop line dance for beginners you're going to love this. A fast paced work out with some of the hottest dances around. In this class we will attempt to learn more advanced line dances such as the Cotton Eye Joe, Train, and Chinese Checkers. The steps will be performed for you, next as a group, and finally while following the instructor. If you love to dance this is the place for you. *All students 18 years old and over are welcome to attend.*

CRN 1483 SPIN M7154

Dates: Tuesdays, January 26, 2010 - February 16, 2010

Time: 6:00 pm-7:00 pm

Fees: \$ 50.00

Instructor: Iris Keller



PROFESSIONAL BARTENDING WITH SMART CERTIFICATION

This professional bartending course includes the state and national SMART certification (Server & Managers Alcohol Responsibility Training) recognized by the Connecticut Department of Liquor Control and police departments. Certification teaches responsible service of alcohol with extra emphasis on checking I.D.'s , how to spot signs of intoxication, and how to respond appropriately. Students will learn to make more than 100 drinks from gin-and-tonics to daiquiris. The S.M.A.R.T. certification is recognized by liquor administrations throughout the country, and those who hold a S.M.A.R.T. certification lower the liquor liability of any place they work. Anyone who is 18 years or older, looking for a new skill which can be used immediately in restaurants, clubs, hotels or at catering companies, will benefit from this course. Students receive a certificate of completion for the Professional Bartending course and a S.M.A.R.T. wallet sized certification card. Students must be 18 years old or older. No real alcohol is used. Job Placement assistance will be available. **Material fee of \$35.00 includes manual and certification.**

CRN 1219 SPIN M5016
Dates: Saturdays, March 6 & 13, 2010
Time: 8:30-3:30 p.m.
Fee: \$220.00
Instructor: Paul Rich



NOTE: Students will not be accepted into the class if they are late.

S.M.A.R.T. CERTIFICATION FOR SERVERS OF ALCOHOL

Servers & Managers Alcohol Responsibility Training is a 3-hour certification course developed by those in the hospitality industry for the hospitality industry. Participants will learn to identify signs of intoxication using the traffic light system as well as learning Connecticut's liquor rules, regulations and laws. This course has an intense focus on checking I.D. properly and underage drinking. **Material Fee of \$35.00 includes manual and certification.**

CRN 1353 SPIN M7032
Dates: Saturday, March 6, 2010
Time: 8:30 a.m. - 11:30
Fee: \$55.00
Instructor: Paul Rich

NOTE: Students will not be accepted into the class if they are late.



"Discover Italian Wine" Series: Unique Varietals of Italy

Through the lens of interesting, exciting though lesser known grape varietals, you will taste some of Italy's most unique wines, and learn how history, people, culture and place have influenced their survival and production. The class includes a segment teaching proper wine tasting technique. Note: Must be 21 years or older. Materials fee \$20.00 payable to the instructor. Seats limited to 12 students, **register early.**

CRN 1361 SPIN M7142
Date: Thursdays, March 18, 2010
Time: 6:30 pm -9:00 pm
Fee: \$35
Instructor: Joel Mack

"Discover Italian Wine" Series: A Tasting Tour of Italy

This course is a tasting tour of wines from several different wine regions of Italy. You'll learn proper wine tasting technique as well as become familiar with the different wine styles, grape varieties and wine regions of Italy. Lovers of Italian wine, food, and culture will find themselves better able to confidently express their wine preferences in restaurants and wine shops, find that special bottle of wine, or simply better enjoy what's in their glass! **Note: Must be 21 years or older. Materials fee \$20.00 payable to the instructor. Seats limited to 12 students, register early.**

CRN 1362 SPIN M7142
Date: Thursdays, May 20, 2010
Time: 6:30 pm -9:00 pm
Fee: \$35
Instructor: Joel Mack



Financial Planning Seminar

How much of an impact has the turbulent market affected your savings? Did you have strategies in place, which protected your investments and savings from substantial losses? During this seminar, you will learn the essential strategies needed in today's **volatile** market; Asset Allocation & tax strategies to protect your investments & provide tax-free income at retirement. **2010 brings some big changes in tax laws. Find out if you can convert your existing IRA to a Roth.** You will learn about different types of investments, how to potentially utilize your assets, tax strategies and diversification techniques necessary to maximize your return on your money while taking less risk.

Materials fee: \$30.00 payable to the instructor at the first class.

Your instructor: Daniel L. Martin ChFC, CLU, CRPC a licensed instructor with over 28 years of experience advising individuals on their personal financial planning needs.

CRN 1278 FIN M8015
Date: Thursdays, January 21, 28, February 4, 2010
Time: 6:30 p.m.-8:30 p.m.
Fee: \$45.00
Instructor: Daniel L. Martin



Getting Paid to Talk, Making Money with Your Voice

An Introduction to professional voice overs. *Have you ever been told that you have a great voice?* This exciting class will explore numerous aspects of voice over work for television, film, radio, audio books, documentaries and the internet in your area. We will cover all the basics, including how to prepare the all - important demo, how to be successful and earn great income in this exciting field. Students will have the opportunity to ask questions and to hear examples of demos recorded by professional voice actors. Class participants will even have a chance to record a commercial script under the direction of our Voicecoaches.com producer!

This class is informative, lots of fun, and a great first step for anyone interested in voice acting professionally. *Space is limited, and registration closes one week prior to class, so register early.* *"Learn more Here!"* www.voicecoaches.com/gptt

CRN 1490 PRFD M6026
Date: Tuesday, January 19, 2010
Time: 6:30 p.m.-9:00 p.m.
Fee: \$ 30.00
Instructor: Voice Coaches



CRN 1491 PRFD M6026
Date: Thursday, May 27, 2010
Time: 6:30 p.m.-9:00 p.m.
Fee: \$ 30.00
Instructor: Voice Coaches

Intro to Kayak

A three hour flat-water kayak lesson designed for the beginner, or someone who wants to tune-up their kayaking skills. We cover basic strokes such as paddling forward, backward, turning and bracing. Students are also taught basic capsizes and recovery skills. Kayaks, PFD's and Paddles are provided. Farmington River: Collinsville, CT

CRN 1357 SPIN M7111
Date: Saturday, May 15, 2010
Time: 10 a.m.-1 p.m.
Fee: \$ 99.00
Instructor: Collinsville Canoe

CRN 1494 SPIN M7111
Date: Saturday, June 5, 2010
Time: 10 a.m.-1 p.m.
Fee: \$ 99.00
Instructor: Collinsville Canoe





Séance : Connecting with the Other Side

“It’s so simple. All I do is close my eyes and I see spirits. When a client gives me their first I immediately tune into their energy—past, present and future.” Medium, Elaine Kuzmeskus

Welcome to the world of the séance, Elaine Kuzmeskus, a nationally- recognized medium and author of *Séance 101* (Schiffer, 2007) will explore the fascinating world of mediumship. Learn more about the world of spirit and experience mediumship first hand.

During the lecture portion, she will discuss how to recognize the signals that your loved ones are trying to send to you. Learn how to connect with the spirit world yourself. Your loved ones are just a thought away. What signs should you be looking for?

In the second part of the event, Elaine will tune into the spirit world and give validation readings for each person. She will deliver personal messages from your loved ones and guides from the other side. See for yourself how a medium connects with the other worlds through clairvoyance, and clairvoyance. Messages will be given to each participant. Register early as seating is limited to 15 people.

CRN 1492 SPIN M7106

Date: Saturday, February 20, 2010

Time: 11 a.m.-2:00 p.m.

Fee: \$60.00

Instructor: Elaine Kuzmeskus

CRN 1493 SPIN M7106

Date: Saturday, April 17, 2010

Time: 11 a.m.-2:00 p.m.

Fee: \$60.00

Instructor: Elaine Kuzmeskas

Instructor: Elaine Kuzmeskus, Spiritualist Medium, M.S., Director of the New England School of Metaphysics and author of *Soul Cycles* (Author House) *Connecticut Ghosts* (Schiffer Publishers) and *Séance 101* (Schiffer Publishers). She is a nationally-recognized Spiritualist Medium, who has been a presenter at Lily Dale Assembly in New York, the Leaning Annex in New York City and Better Connecticut. Recently the medium was featured on the PBS special “Things That Go Bump in the Night”

Born with the gift of clairvoyance, Elaine Kuzmekus made contact with her Hindu guide at age four: “Ever since I was in my crib, I had been fascinated by spirits. When I was about four, a Hindu gentleman only I could see started giving me instructions from the other side. “Cross your fingers and place them over the middle of your forehead. Now concentrate and push the energy out.” Soon I was able to visualize people and see them in their future state

During her thirty years as a medium, she has conducted many well-publicized seances including the 1997 Official Houdini Séance at the Goodspeed Opera House in Haddam, CT. Elaine Kuzmeskus also holds an M.S. in Counseling and has taught Psychology and parapsychology to thousands of college students throughout New England and New York. She is also a professional astrologer recognized by the American Federation of Astrologers and the author of *Soul Cycles*, a text which combines keen psychological insight with the ancient science of astrology. In 2005, she completed another book, *Connecticut Ghosts*, which is based on mediumship, psychic photography, and local legends in 31 towns in Connecticut. Her most recent book, *Séance 101* explores physical mediumship: table tipping, psychic photography and trumpet séances! **Visit Newenglandschoolofmetaphysics.citymax.com for additional information.**

Seven Simple Secrets to Financial Freedom

Does your money work for you or do you work for your money? This class is not taught by a financial guru using technical language you can't possibly understand. You will learn from LeeAnne Krusemark, a single Mom, turned home business entrepreneur, turned home owner, turned publisher, turned real estate investor. This is not a get rich quick scheme, this is a plan of action to help others learn the path to financial freedom. In this fast paced workshop, you will learn how to:

**get OUT of credit card debt and reduce bad credit
raise your credit limit AND lower your interest rate
use MORE credit to raise your credit score
buy a home even if you have bad credit or are self employed
pay off your mortgage in half the time with LESS money
keep your home PROTECTED against lawsuits
become an ACTIVE INVESTOR FOR FINANCIAL FREEDOM!**

Each one of these secrets is worth more than ten times the cost of this class. LeeAnne is now a guest lecturer nationwide and teaches online at more than 1,000 facilities worldwide, and the inspiration given to others has even been compared in writing to Oprah! This workshop is not for those already advanced in financial matters nor does it provide any legal advice.

A mandatory \$20 materials fee is payable to instructor at the door for printed information to assist you in your journey to financial freedom. SPECIAL NOTE: Due to the high demand for this instructor nationwide, this workshop can only be offered once a year.

CRN 1495 PRFD M6102

Dates: Monday, April 19, 2010

Time: 1:00 -3:00 p.m.

Fee: \$30.00

Instructor: LeeAnne Krusemark, LeeAnne is an author, business owner, and adjunct Professor at more than 200 colleges from Maine to Hawaii, including Purdue, and an online instructor at more than 1,000 facilities worldwide, including Harvard. LeeAnne's inspiration has even been compared to Oprah!

Beginner's Guide to Getting Published

Did you know Stephen King was rejected 75 times before he sold his first novel? If your goal is to become a published freelance writer by selling a magazine article, short story, poem, or even a novel, this comprehensive workshop will guide you to, then past the editor's desk. You will discover how to:

become a "published" writer overnight
submit manuscripts the correct way
find the right publisher for your work
write irresistible query letters
100 ways to make money as a freelance writer
obtain FREE future Q&A opportunities

If you really want to succeed, this step-by-step workshop, taught by a successful, published writer, is a must! A mandatory \$20 materials fee is payable to the instructor at the door for information designed to help you long after the workshop is over. SPECIAL NOTE: Due to the high demand for this guest instructor nationwide, this workshop can only be offered once a year.

CRN 1496 PRFD M6098

Dates: Monday, April 19, 2010

Time: 3:00 p.m. -5:00 p.m.

Fee: \$30.00

Instructor: LeeAnne Krusemark

Meet the Publisher: Get Your Manuscript Critiqued and Compare Traditional vs. Self Publishing

Have you ever wanted to talk to a real publisher? Are you tired of having your manuscripts critiqued by non-professionals? Bring your in-progress manuscript for an in-class critique of your poetry, article, short story, novel, non-fiction book, children's book, etc. Having already learned about traditional publishing (participants must have attended "Beginner's Guide to Getting Published"), you will then learn about the pros and cons of self publishing options, including Print On Demand. You can then leave a COPY of your manuscript with LeeAnne, now the owner of an author-friendly publishing house, for a professional critique (for an optional materials fee of \$50 for up to 25 double-spaced pages + \$1/page thereafter) and a list of publishers and/or agents who are interested in your type of work. If you cannot attend, but would like your manuscript critiqued, call for details.

A mandatory \$10 materials fee is payable to the instructor at the door for a detailed workbook comparing the different publishing options for your work and a writer's resource book.

CRN 1497 PRFD M6097

Dates: Monday, April 19, 2010

Time: 5:00 -6:00 p.m.

Fee: \$20.00

Instructor: LeeAnne Krusemark

Cash in with a Successful Home-Based Business

Are you tired of working for someone else? Do you need to make more money? Turn your talents and hobbies into profits at home by learning how to start a home-based business from a Chamber of Commerce past president and successful southern California entrepreneur. During this comprehensive, informative workshop, you will discover:

- more than 100 home business ideas
- mandatory legal documentation
- many ways to market your product/service
- how to take tax deductions (this workshop included!)
- FREE future Q&A opportunities

If you really want to succeed in a home business, this step-by-step workshop is a must!

A mandatory \$20 materials fee is payable to the instructor at the door for information designed to help you long after the workshop is over. SPECIAL NOTE: Due to the high demand for this guest instructor nationwide, this workshop can only be offered once a year.

CRN 1498 PRFD M6100

Dates: Monday, April 19, 2010

Time: 6:00 p.m. -8:00 p.m.

Fee: \$30.00

Instructor: LeeAnne Krusemark

Make Money with a Typing/Word Processing Business

If you can type, then you can make money at home using your typewriter/word processor or computer. Having already learned all about home-based business success (participants must have attended "Cash in with a Successful Home-Based Business"), you will then discover the secrets to profits in the typing/word processing business, including:

- how and where to find clients
- 50 ways to advertise/market your services
- effective home office equipment choices
- 100 ways to make money with a computer
- FREE national networking information



There really is a need for your services, so why not have the freedom to be your own boss, set your own hours, and have the opportunity to make more money than you ever did before by attending this workshop.

A mandatory \$10 materials fee is payable to the instructor at the door for information designed to help you long after the workshop is over.

CRN 1499 PRFD M6101

Dates: Monday, April 19, 2010

Time: 8:00-9:00 p.m.

Fee: \$20.00

Instructor: LeeAnne Krusemark

Writing and Getting Published

Writers of all genres: Do you dream of getting published? Do you love to write, but don't know where to get started? Led by a published author, this course will teach you brainstorming techniques, how to overcome writer's block, how to set up a manuscript submission, and where to look for publishers. Students will learn hands-on through class workshops, lectures, and discussions.



Class #1

Getting an idea

- What interests you?
- What kind of genres are there?
- What type of books do you love to read?
(Write what you read.)

Getting Started

- Brainstorming
- Free writing
- Journaling
- Outlining

(Character Outline, Plot Outline)

- Idea Bubbles

How is a book's plot formed?

- Basic pyramid plot
- Write a brief short story
- Peer critique

What happens during the publishing process?

- The rejection letter.
- Editing, page proofs, final drafts.
- Your book in print.
(Where can people buy it?)

How do you promote yourself as an author?

- Realistic expectations
- Book talks and Book signings
- Websites
- Newspapers and press releases

Class #2

How to get published

- Form a book synopsis.
- Set up your submission.
- Where to find publishers, agents, etc.

CRN 1500 SPIN M7102

Dates: Monday & Wednesday, April 5 & 7, 2010

Time: 6:30 p.m.-8:00 p.m.

Fee: \$90.00

Instructor: Jessica Barone is currently instructing Academic Reading and Literature and Composition at Asnuntuck. She has been employed as a Professional Writing Tutor and have had three novels published. This combined experience has given me the knowledge of literature development as well as the publishing process.

"Writing for Presentation, Delivery, and Comfort through Comedy"

In this course students will learn to develop writing and delivery skills in a non-threatening and supportive environment, through the use of humor. **NOTE: Serious, important topics will NOT be tolerated.** This course is for anyone who has ever had concerns or fears about speaking in front of a group. The students will learn how to write for presentation, and through the use of humor; how to deliver material with minimal stress.

Instructors: Tom (Roddy Thomas) Jenkins and Robert Montgomery, Tom has been a performing comedian for over 20 years and in all manner of clubs, private venues, restaurants and bars. He has worked in radio, and has done TV spots and voice overs. Bob has a BA in English (Emphasis on Creative Writing) radio, commercials, and a performing comedian.

Text Recommended: Comedy Writing secrets-Melvin Helitzer

CRN 1510 SPIN M7157

Dates: Tuesday, January 26-May 11, 2010

Time: 6:00 p.m.-8:00 p.m.

Fee: 130.00

Instructors: Tom (Roddy Thomas) Jenkins and Robert Montgomery

Stage Make-up

In this course students will be introduced to make up for the stage by applying the skills learned through lecture and copied materials to actual facial application of the make up. Students will learn how to manipulate the face through the use of light, shading and dimension. The course will guide students through the realm of theatrical spectacle by introducing them to eight make up sessions including, age, weight, fantasy, injury, gender, facial hair, animals, and mimicry. Each make up session will conclude with students recording their work in photographic form. This will give the students a point of reference, while also giving them a lasting memory book.

\$20.00 Ben Nye Crème Personal Kit (through bookstore), make up applicators, 3 ring binder, cole cream, baby wipes.

Instructor: Frank Borrelli, is a professional actor, director, teacher who believes that the arts unite us all. He has worked with theatres in Ohio, Massachusetts, Connecticut, and Rhode Island as an actor, director, make up designer, costume designer, and wig master. Frank holds an MFA in Acting and Directing from Rhode Island College and is a proud alum of Asnuntuck Community College.

CRN 1508 SPIN M7156

Dates: Fridays, February 5th-April 23, 2010

Time: 12:00-1:30 p.m.

Fee: \$100.00

Instructor: Frank Borrelli

CRN 1509 SPIN M7156



Dates: Saturdays, February 6th-May 1, 2010 (no class 4/3)
Time: 12:00-1:30 p.m.
Fee: \$100.00
Instructor: Frank Borrelli