



Asnuntuck Community College
Learning Resource
Center

**NUTRITION
PATHFINDER**

REFERENCE BOOKS

Allergies A-Z

REF RC585 .N38 1994

Alternative Medicine : the definitive guide

REF R733 .A46 1993

Encyclopedia of Obesity and Eating Disorders

RC552 .E18 C37 1994

Encyclopedia of Vitamins, Minerals, and Supplements

REF QP771 .E53 1996

Magill's Medical Guide

REF RC41 .M34 2005 (4 volumes)

The New A-Z of Women's Health

REF RA778 .A494 1995

Nutrition and Health Encyclopedia

REF QP141 .T88 1989

**** See also "Subject Guide to the Internet" on the LRC WEB SITE ****

**** And e-books – Electronic Books: available via the [LRC Web Site](#), such as:**

*Nutrition Almanac ~ Researching Cultural Differences in Health ~ Demography of Health and Health Care ~
Food : a dictionary of literal and nonliteral terms ~ Food Ethics ~The Food Safety Information Handbook ~
Handbook of Vitamins*

PERIODICALS

Alternative Medicine

Dr. Andrew Weil's Self Healing

FDA Consumer

Harvard Women's Health Watch

Health Organic Gardening

Prevention

Self Tufts Univ Health & Nutrition Letter U of Cal/Berkeley Wellness Letter Vegetarian Times

DATABASES AND PERIODICAL INDEXES

ELECTRONIC FORMAT – See "*Electronic Databases*" on the [LRC Web Site](#)

Health & Wellness Resource Center

HealthSource-Nursing/Academic

Clinical Pharmacology

Academic Search Premier

MasterFile Premier

Expanded Academic ASAP

InfoTrac OneFile

PAPER FORMAT – Available on the LRC's "PERIODICAL INDEXES" Shelves

*New York Times Index * Readers' Guide to Periodical Literature * Business Periodicals Index*

AUDIOVISUAL MATERIALS

Nutrition Quackery and Food Faddism (2 videocassettes, 143 min.) VTV 039

Osteoarthritis (1 videocassette, 30 min.) VTV 872

People With Diabetes Can Enjoy Healthier Lives! (1 videocassette, 15 min.) VTV 615

The Sugar Film (1 videocassette, 28 min.) VTV 011

Supermarket Persuasion (1 videocassette, 23 min.) VTV 462

That's No Tomato, That's a Work of Art (1 videocassette, 30 min.) VTV 221

Tiger's Apprentice (I videocassette, 57 min.) VTV 996

Water ; The Faces of Hunger (1 videocassette, 24 min.) VTV 470

Super Size Me (1 videodisc, 100 min.) DVD 044

Slim Hopes (1 videodisc, 30 min.) DVD 021

□ Do you have a question? e-mail us at: as_lrcref@commnet.edu

INTERNET SOURCES

(See also *Nutrition, Biology, and Genetics* under the [Subject Guide to the Internet](#) on the LRC Web Site)

American Dietetic Association

<http://www.eatright.org>

American Society for Nutrition

<http://www.nutrition.org/>

Center for Disease Control, Healthy Weight

http://www.cdc.gov/nccdphp/dnpa/nutrition/nutrition_for_everyone/healthy_weight/

Center for Disease Control, Nutrition Topics

<http://www.cdc.gov/nccdphp/dnpa/nutrition.htm>

Center for Food Safety & Applied Nutrition (U.S. Food & Drug Administration)

<http://www.cfsan.fda.gov/list.html>

Consumer Nutrition and Health Information

<http://www.cfsan.fda.gov/%7Edms/lab-cons.html>

Eat 5 to 9 a Day

<http://www.5aday.gov/>

The Food and Drug Law Institute

<http://www.fdi.org>

Food & Nutrition Information Center

<http://www.nal.usda.gov/fnic>

Healthfinder.gov

Eating Disorders -- <http://www.healthfinder.gov/scripts/SearchContext.asp?topic=267&refine=1>

Nutrition -- <http://www.healthfinder.gov/scripts/SearchContext.asp?topic=591&refine=1>

Obesity -- <http://www.healthfinder.gov/scripts/SearchContext.asp?topic=592&refine=1>

Healthierus.gov

Dietary Guidelines -- <http://www.healthierus.gov/dietaryguidelines/>

Nutrition -- <http://www.healthierus.gov/nutrition.html>

Medline Plus

Eating Disorders -- <http://www.nlm.nih.gov/medlineplus/eatingdisorders.html>

Nutrition -- <http://www.nlm.nih.gov/medlineplus/nutrition.html>

Nutrition for Seniors -- <http://www.nlm.nih.gov/medlineplus/nutritionforseniors.html>

Obesity -- <http://www.nlm.nih.gov/medlineplus/obesity.html>

Vegetarianism -- <http://www.nlm.nih.gov/medlineplus/vegetarianism.html>

Weight Loss and Dieting -- <http://www.nlm.nih.gov/medlineplus/weightlossanddieting.html>

Nutrition.gov

<http://www.nutrition.gov>

My Pyramid Food Guidance System

<http://mypyramid.gov/>

Administration on Aging – Elders and Families – Nutrition

<http://www.aoa.gov/eldfam/Nutrition/Nutrition.asp>

Seniors and Nutrition (National Institute on Aging)

<http://www.niapublications.org/engagepages/nutrition.asp>

U.S. Food and Drug Administration

<http://www.fda.gov>

SEE the LRC Web Site for These and Other Links

<http://www.acc.commnet.edu/lrc>

Or, click on "Library (LRC)" on the Menu at ACC's Home Page

www.acc.commnet.edu

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